

United Performance Post Holiday CPF Push/Pull January 27th 2018



EVENT LOCATION	United Performance 370 Elmwood drive Moncton, NB, E1A 8R5
WEIGH-IN	United Performance 9am-1030am Friday January 26 2018 7pm-8pm Friday January 26 2018 8am-8:30am Saturday January 27 2018 <i>*there will be no exceptions to times, If you are not weighed in during the allotted times your entry will be void.</i> <i>**Please note you will be required to have all your opening attempts for all lifts registered at weigh-ins also</i>
MEET DAY	T-shirt pickup 8am-9am Mandatory rules meeting 8:30am Lifting begins at 9:30am
UNIFORM	Mandatory: Must have one-piece lifting suit or wrestling suit and Deadlift Socks. WPC rules apply. Complete rule book at: www.worldpowerliftingcongress.com .
CONTEST LIFTS	Bench Only, Deadlift Only, Iron Man
ENTRY FEE	AM \$85 for first division or competition, \$25 per additional PRO \$75 for first division, \$25 per additional Please include \$10 for event shirt if requested below
AWARDS	1st, 2nd and 3rd place awards and Best Lifter awards.

*******No Refunds*******

United Performance Post Holiday CPF Push/Pull ENTRY FORM

C O M P E T I T O R I N F O	LAST NAME	FIRST NAME	MALE () FEMALE ()	DATE OF BIRTH (MMM-DD-YYYY)	AGE ON [Meet Day]								
	ADDRESS	CITY	PROVINCE	POSTAL CODE									
	EMAIL ADDRESS			PHONE NUMBER									
D I V I S I O N S E L E C T I O N	Circle at least one (1) from each: Class, Division, Weight Class (KG), and Competition Note: it is the competitor's responsibility to ensure they select the proper selections												
	CLASS	Amateur		Professional									
	DIVISION	Open	Teen (13-19)	Junior (20-23)	Submaster (33-39)	Master (40+)	Military/Police						
	WEIGHT CLASS (KG)	M: 52	56	60	67.5	75	82.5	90	100	110	125	140	SHW
		F: 44	48	52	56	60	67.5	75	82.5	90	SHW		
COMPETITION	Fully Raw:	Three Lift		Bench Only	Deadlift Only		Iron Man						
	Assisted:	Three Lift		Bench Only	Deadlift Only		Iron Man						
	Equipped:	Three Lift		Bench Only	Deadlift Only		Iron Man						
S W A G	T-SHIRT SIZE	<input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> XL <input type="checkbox"/> 2XL											
W A I V E R	In consideration of the acceptance of this entry, I hereby waive and release myself, heirs, executors, and administrators from all actions, claims or demands I may have against the World Powerlifting Congress (WPC), the Canadian Powerlifting Federation (CPF), United Performance, Trayci Metzger, any judge or volunteer and all of their representatives, successors, and assigns, as a result of their action or inaction, from any and all injuries, bodily harm or death that I might suffer while competing at the United Performance Post Holiday CPF Push/Pull on January 27, 2018.												
	PRINT NAME / PARENT'S NAME (for minors)			SIGNATURE / PARENTAL SIGNATURE (for minors)									
	_____			_____									
	DATE			_____									

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By email (preferred method):

Scan and email completed forms to: traycim@gmail.com

Interac email payment to traycim@gmail.com;
password: **powerlifting**

Please note registration is not confirmed until payment is successfully accepted.

By mail or drop-off:

Make cheques payable to: Trayci Metzger

Mail or drop-off completed entry form and cheque to:

United Performance Post Holiday CPF Push/Pull

49 Spring st., Amherst, Nova Scotia, B4H1S3

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Please direct all questions and comments to Trayci Metzger at traycim@gmail.com